



CROSSFIT906.COM

CrossFit 906 Job Description

Title: CrossFit Level 1 Certified Trainer	Employment Status: Part Time (8-16 hours per week)
Department: Operations	FLSA Status: Exempt
Reports To: Owners	Direct Reports: 0

POSITION SUMMARY

Trainer must be CrossFit Level 1 Certified or become certified within a reasonable timeframe of hire (as determined by owners). Trainer is also required to be a part of the CrossFit 906 community and actively participate in events, discussions, provide support to members as well as provide social media and marketing support as needed.

PRIMARY POSITION OBJECTIVES

- Lead member W.O.D.
- Lead clinics and OnRamp classes.
- Consultations and baselines
- Customer service duties (i.e., greeting customers, assisting members with paperwork, etc.)
- Availability between 4:00 PM – 8:00 PM Four (4) weekdays per week (rotating 2 – 4 hour shifts), other hours and weekend hours may be needed for weekend and daytime events (advance notice will be given).
- Basic social media updating as assigned.
- Assist in marketing efforts.
- Sales.
- Assist members with start-up.

KNOWLEDGE, SKILLS AND ABILITIES

KNOWLEDGE

- A highly proficient understanding of the fundamentals of CrossFit principles and practices.

SKILLS AND ABILITIES

- Effective presentation and listening skills.
- Ability to communicate professionally and effectively both verbally and in writing without typographical error.

- Strong organizational, planning and facilitation skills.
- Stress management skills.
- Time management skills.
- Read and understand information and ideas presented in writing.
- Establish and maintain effective working relationships
- Superior ability to establish relationships and confidence in self and institution, quickly and easily.
- Superior strategic and analytical thinking ability.
- Ability to plan, set and meet deadlines.
- Ability to operate autonomously and in a directed team effort.
- Professional demeanor and appearance.
- Attention to and respect for confidentiality.

JOB SPECIFICATIONS

Education, Experience and Certifications

- Level 1 CrossFit Certification (or agreement to obtain certification within agreed upon timeframe from hire)

SPECIFIC PAY INFORMATION

- Nature of the position: Part-time
- Wage: \$12.00 Per Hour
- This position is eligible for free membership for employee and spouse.

POSTION DESCRIPTION DISCLAIMER

This job description has been created in order to help potential applicants understand the essential nature of the position – its focus, scope, and scale, as well as how it contributes to the overall success of CrossFit 906. It is not intended to be an exhaustive list of qualifications, skills, duties, responsibilities or working conditions associated with the position.

Employee Signature

Revision Date

Supervisor Signature

Date